



# ABNORMAL PSYCHOLOGY PSYC 351 ONLINE – Section 2

Fall, 2019 § University of Wisconsin - Stevens Point

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**Phone:** 715-346-3186

**Virtual Office Hrs:** M & W 1-2 (must schedule 24 hrs in advance)

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## **I. Course Description**

This course focuses on the research-based examination of the classification, causes, origins (etiology), and treatment of the major psychological disorders such as anxiety and mood disorders, schizophrenia, personality disorders, disorders of childhood, and neurological disorders. Given the online nature of this course, content will be delivered via the required textbook readings, powerpoint slides with recorded and captioned audio, and required videos. Assignments will include weekly activities, discussions, peer reviews of other student's work, and a research paper. Assessments include weekly quizzes and four exams. Case studies are used heavily to facilitate learning.

## **II. Course Structure**

This course will be delivered entirely online through the course management system Canvas. You will use your UWSP account to login to the course from the [Canvas Login Page](#). If you have not activated your UWSP account, please visit the [Manage Your Account](#) page to do so.

## **III. Prerequisites**

The prerequisite for this course is that students have completed PSYC110, Introduction to Psychology.

## **IV. Required Text – Available through Campus Text Rental Services**

Sue, D. S., Sue, D. W., & Sue, D., & Sue, S. (2016). *Understanding Abnormal Behavior* (11th ed.). Boston, MA: Cengage Learning.

Additional readings may be assigned throughout the course and made available via Canvas.

## **V. Course Technology Requirements**

View this website to see [minimum recommended computer and internet configurations for Canvas](#).

You will also need access to the following tools to participate in this course: Webcam, Microphone, Printer, Stable internet connection (don't rely on cellular).

## **VI. UWSP Technology Support**

Links for instructional and troubleshooting support regarding Canvas are available from the home page.

Additionally, seek assistance from [the IT Service Desk](#) (Formerly HELP Desk): IT Service Desk Phone: 715-346-4357 (HELP) or IT Service Desk Email: techhelp@uwsp.edu

## **VII. Course Objectives**

The main goal for this course is that students gain a better understanding of the various mental health disorders and an appreciation for the complexities that are involved in early identification, diagnosis, and treatment of these disorders. By the end of the course, students will be able to accomplish the following objectives:

1. Identify the historical and cultural foundations of mental health
2. Differentiate various theoretical perspectives of abnormal behavior
3. Explain the factors that contribute to the development of psychopathology
4. Describe the assessment process required for mental health diagnosis
5. Apply DSM-5 diagnostic criteria to specific case studies
6. Demonstrate an understanding of appropriate treatment for various mental health disorders
7. Explain how patient demographics impact diagnosis and treatment of mental health disorders
8. Critically evaluate research and popular media in the field of abnormal psychology

In addition to these course objectives, throughout the course my goal as a professor is also to enhance empathy for people experiencing psychological disorders, to recognize the strengths of individuals and the resources in their environments, and to encourage class discussion about behaviors that are often stigmatized by our society while respecting/maintaining anonymity.

You will meet the outcomes listed above through a reading, viewing, and studying the course materials presented for each chapter on Canvas, by completing the required activities, discussions, and quizzes, and finally by showing mastery of the material on four required exams.

## **VIII. Class Expectations**

In this course you will be expected to complete the following types of tasks.

- Communicate via email
- Complete basic internet searches
- Download and upload documents to the LMS (Canvas)
- Read documents online
- View online videos
- Participate in online discussions
- Complete quizzes/tests online as scheduled. Communicate effectively prior to the due date regarding barriers.
- Upload documents to Canvas to submit an assignment
- Take responsibility for your own learning *throughout* the semester. Don't expect extra opportunities at the end to raise your grade. Over-study at the beginning to ensure a good start.

## **IX. Evaluation of Performance**

Evaluation of student performance will be based on completion of required activities, papers, quizzes, discussions, and exams. Final grades will be calculated based on weighted percentages. Click the Assignments link in Canvas to access assignment listing, categories and weights as applicable. Click the Syllabus link to see a chronological listing of assignments. Click the Grades link to see current grades. Overall assignments and accompanying points are listed below:

Exams: There will be four exams over the course of the semester, which are each 50 points. Average exam grade is weighted as 50% of your total grade. Exams in this course will be a combination of multiple-choice questions and short answer/essay questions. You will be notified regarding format of each test through a study guide. The final exam will NOT be cumulative. Exams are intended to be closed-book and taken individually. Further details will be posted regarding format. Any student caught cheating will receive a score of zero on the exam, as per the academic integrity policy listed below.

Quizzes: Regular quizzes will be held throughout the course in efforts to assess your understanding of material as you progress. These questions should also prepare you for the type of questions you may see on the exams. These are listed on the assignments page and within each chapter's page on Canvas. You will typically have a 72-hour window to complete each of these quizzes. Each quiz will be 10 questions and worth 10 points. There will be no opportunity to earn these points once the quiz has closed. It is your responsibility to make sure you do not miss a quiz. Average quiz grade is weighted as 10% of your total grade.

Discussions: Five times throughout the semester you will see a discussion question or two that you need to respond to. Details of how to do this and what is expected for credit are included on Canvas. Each discussion is worth 4 points. You will also be automatically assigned to be the moderator of this discussion once during the semester. You may earn up to 20 additional points for being an effective moderator of the discussion. Details and grading for moderation are also specified on Canvas. Discussion grade is 10% of your total grade for the course. **IMPORTANT: You will not see this assignment as moderator on your Canvas Calendar! Groups are randomly assigned to approximately 5 students in each group. You will see members listed. Moderator order will be in alphabetical order by last name. The first person alphabetically is the moderator for discussion #1, and so forth. For groups with only 4 people I will be moderator for the last discussion. Please ensure you know what discussion you are responsible for and put this in your own personal calendar. For each day you do not post as moderator you lose a point, if not more.**

Weekly activities: Nearly every week you will also see an activity or one-page response paper that is required. Again, details are specified on Canvas. Each will also be worth 5 points. Activity grade is 10% of your total grade for the course.

Research paper with peer reviews: Each student will work to research and summarize information on a specific psychological disorder or group of disorders. Details of this assignment are specified on Canvas.

Each student should find two articles relating to a specific disorder that either complement each other or offer different perspectives on the same topic. This paper will be broken down throughout the semester so progressive parts are due at various points. Details of this project will be included on Canvas, but the overall goal of the project is NOT to describe the disorder from the textbook, but to identify research articles on the disorder and then to read and summarize these findings. There will also be two required peer reviews that each student will need to conduct. This will enable you all to learn from each other about various disorders while also fine-tuning your own writing skills while reading the writing of others. Submitting your first draft on time is worth 10 points. Your final paper will be worth 40 points, with each peer review worth 20 points. You will not be allowed to complete a peer review until your own draft has been turned in according to the deadlines posted. This paper's grade is 20% of your total grade for the course.

All assignments for this course will be submitted electronically through Canvas on a Word document unless otherwise instructed. Assignments must be submitted by the given deadline or special permission must be requested from instructor before the due date. Extensions will not be given beyond the next assignment except under extreme circumstances.

All discussion assignments must be completed by the assignment due date and time. Late or missing discussion assignments will affect the student’s grade.

Extra credit will NOT be available in this course. Please use all opportunities in the class to earn the points you desire. Missing an activity or discussion can quickly begin to lower your grade. Make these dates a priority as there is not a chance to make up these points once they are missed.

Final grades of “Incomplete” will be given only under extreme circumstances. An Incomplete is not an option for students who feel overwhelmed by academics, work schedules, or extracurricular activities.

**X. Point Distribution**

Point distribution for this course is as follows.

**Weighted Distribution:**

Exam Average (4 Total, 50 Points Each)	50% of grade
Quizzes Average (12 Total, 10 Points Each)	10% of grade
Discussion Average (5 Total, 4 Points Each) Includes Discussion Moderator (20 Points)	10% of grade
Weekly Activities Average (10 Total, 5 Points Each)	10% of grade
Research Paper	20% of grade
First draft	
Peer Review #1	
Peer Review #2	
Final Draft	

<u>Letter Grade</u>	<u>Percentage</u>
A	93 - 100%
A-	90 - 92%
B+	87 - 89%
B	83 - 86%
B-	80 - 82%
C+	77 - 79%
C	73 - 76%
C-	70 - 72%
D+	67 - 69%
D	63 - 66%
D-	60 - 62%
F	0 - 59%

**XI. Make-up Exams and Late Assignments**

Make-up exams will be offered only under extreme circumstances (e.g., death in family, accident, medical emergency) decided on a case-by-case basis. To qualify for a make-up exam, students must: a) provide a valid, documented excuse for missing the exam, b) contact the professor prior to the exam or within 48 hours of missing the exam, and c) schedule a make-up exam within one week of the missed exam. Failure to provide adequate documentation for missing an exam will result in a score of zero points for the exam. Final grades of “incomplete” will be determined in the same way. Unless your situation is an emergency, you need to inform me about missing the exam BEFORE it occurs.

**Canvas submission** of required assignments on indicated due date is required to receive full credit (Do not email assignments). Assignments submitted late will result in a 10% reduction in credit per day.

**XII. Students’ Rights & Responsibilities**

UWSP values a safe, honest, respectful, and inviting learning environment. To ensure that each student has the opportunity to succeed, the University has developed a set of expectations for all students and instructors. This set of expectations is known as the *Rights and Responsibilities* document and is intended to help establish a positive living and learning environment at UWSP.

### **XIII. Academic Integrity**

Academic integrity is central to the mission of higher education, particularly to UWSP. Academic dishonesty includes, but is not limited to, cheating, fabrication, falsification, and plagiarism. Plagiarism includes copying or paraphrasing other students' work, and copying or paraphrasing material from sources (e.g., internet, articles, books) without using quotations or citations. Plagiarism will result in an immediate rejection of the work. Any student who engages in plagiarism will be given the opportunity to repeat the work and have it graded appropriately. Consistent with university policy, a written reprimand will be placed in the student's disciplinary file. "Accidental plagiarism" – naiveté about what constitutes plagiarism – will not be accepted as a legitimate excuse.

Violation of academic integrity is left to the discretion of the professor of this course. The minimum penalty is a zero for the exam/assignment. For more information, see the UWSP "Student Academic Standards and Disciplinary Procedures" section of the *Rights and Responsibilities* document, Chapter 14. A link to this document is provided on Canvas.

### **XIV. Accommodations and Disabilities**

The Americans with Disabilities Act (ADA) is a federal law requiring educational institutions to provide reasonable accommodations for students with disabilities. If you have a disability and require accommodations, please register with the Disability and Assistive Technology Center, and contact me at the beginning of the course. For more information, please visit the Disability and Assistive Technology Center, located on the 6<sup>th</sup> floor Albertson Hall. I encourage students with disabilities (physical, intellectual, psychological etc.) or other specific needs to contact me early so I can help you enhance your learning potential in this class.

### **XV. Extra Assistance or Tutoring**

If you would like extra assistance related to course materials or have any questions related to your performance in the course, please come by my office hours or set up an appointment. If you would prefer help from a student, you can contact the UWSP Tutoring Learning Center (018 LRC, 715-346-3568) or utilize the Psychology Tutoring Center (contact ADA in the Psychology Department, 715-346-2883).

### **XVI. Title IX Disclaimer**

Given the nature of this course, any disclosure of unreported neglect, physical, or sexual abuse of a child made to a University instructor must be reported to the appropriate administrative or law enforcement officials. Instances of the sexual assault must also be reported to the University under the Clery Act.

### **XVII. Mandatory Reporting of Illegal Acts**

According to university guidelines, in addition to federal and state laws, I am required to report acts of a criminal or offensive nature that occur both within and outside of class. This includes acts of sexual harassment and assault, bias and hate crimes, illicit drug use, and acts of violence. Any disclosure or description of these incidents may be reported to the Dean of Students office (<http://www.uwsp.edu/dos/>)

## Course Calendar – Fall, 2019

The Canvas course home page provides pertinent details regarding activities and exams. As tasks come due, they will appear in your “to do” list. If you have any questions, please contact your instructor. This calendar is subject to change based on the instructor’s discretion. It is the responsibility of the student to stay informed of changes via the Canvas course site.

<b>Week</b>	<b>Date</b>	<b>Topic (s)</b>	<b>Textbook</b>	<b>Activities</b>	<b>Exams</b>
1	9/3-9/6	NO CLASS/NO ASSIGNMENTS			
2	9/9 - 9/13	NO CLASS/NO ASSIGNMENTS			
3	9/16 – 9/20	Introduction to Abnormal Behavior	Chapter 1	Activity Quiz	
4	9/23 – 9/27	Begin Understanding & Treating of Mental Disorders	Chapter 2	Activity Discussion Quiz	
5	9/30 – 10/4	Assessment & Classification	Chapter 3	Activity Quiz	EXAM 1
6	10/7 – 10/11	Anxiety/OCD	Chapter 5	Activity Discussion Quiz	
7	10/14 – 10/18	Trauma & Stressor-Related Disorders	Chapter 6	Activity Quiz	
8	10/21 – 10/25	Mood Disorders	Chapter 8	Quiz	EXAM 2
9	10/28 – 11/1	Eating Disorders	Chapter 10	Activity Discussion Quiz	
10	11/4 – 11/8	Schizophrenia Spectrum Disorders	Chapter 12	Activity Quiz	
11	11/11 – 11/15	Personality Disorders	Chapter 15	Quiz	EXAM 3
12	11/18 – 11/22	Neurocognitive Disorders	Chapter 13	Activity Discussion Quiz	
13	11/25 – 11/29	Sleep-Wake Disorders	Chapter 13	Activity Quiz	
14	12/2 – 12/6	Disorders of Childhood & Adolescence	Chapter 16	Activity	
15	12/9 – 12/13	Disorders of Childhood & Adolescence	Chapter 16	Discussion Quiz	
16	FINALS				EXAM 4